



MIDDLE
TENNESSEE
STATE UNIVERSITY



A-B-C-1-2-3 Healthy Kids in Tennessee:
Let's Eat Well, Play, and Be Aware Every Day

AND

Gold Sneakers



Want to take **A-B-C-1-2-3 Healthy Kids in Tennessee: Let's Eat Well, Play, and Be Aware Every Day** to the next level? Now that you have the tools to implement healthy living education in your classrooms and with parents and families, what's next? Consider participating in the **Gold Sneakers** program, which helps you develop policy guidelines for your facility. Both programs complement each other extremely well, providing your facility with a well-rounded approach to good health!

To learn more about Gold Sneakers contact:

Tennessee Department of Health

Gold Sneaker Initiative

615-532-7538