

Additional Resources

For more information...

For more educational resources and information on MyPyramid, food labeling, and other food, nutrition, and health issues, contact:

MyPyramid
Center for Nutrition Policy and Promotion
U.S. Department of Agriculture
Web site: MyPyramid.gov

Team Nutrition
Food and Nutrition Service
U.S. Department of Agriculture
Web site: teamnnutrition.usda.gov

Healthy Meals Resource System
Web site: <http://healthymeals.nal.usda.gov>

Food and Nutrition Information Center
U.S. Department of Agriculture
Web site: <http://fnic.nal.usda.gov>

National Food Service Management Institute (NFSMI)
University of Mississippi
Web site: www.nfsmi.org

Federal Nutrition Site
Web site: nutrition.gov